



"Do not let your hearts be troubled... ." (John 14.1)

This opening line from today's Gospel is one of those saying of Jesus which echo through the centuries with a particular poignancy and power. It acknowledges our human fears and distress while offering the perfect remedy, absolute faith in God. St Augustine reworked these words into his Confessions as '... our heart are restless until we find rest in you'. A prayer attributed to St Augustine encapsulates these sentiments.

*Almighty God,
you care for me as if you thought of me alone,
and you care for all as if all were one.
I see the things of this earth pass away, and I see other things take their place,
but you remain forever.
Therefore, my God and Father, to you I entrust all I have received from you,
for then, I can lose nothing.
You, O Lord, have made me for yourself,
and my heart can find no rest until it rests in you.
Amen.*

**Please note: the poem "Communion Denied" in last weeks In Touch was written by Rev Larry Wright. My apologies for cutting off his name!*



A free phone line of hymns,
reflections and prayers

Are you in need of some daily
hope during this lockdown?

We have a new FREE telephone
line for you to ring to hear
comforting hymns, daily prayers
and reflections.

0800 804 8044



CONNECTIONS



Christian Aid Week is approaching fast, and this year we can't raise money through the usual coffee mornings, quiz evenings, meals or special services. All giving is online at christianaid.org.uk. The key issue of the campaign is global warming. If you can only give via cash in an envelope, then clearly label your well-sealed envelope and either get it to the parish office letterbox on your daily exercise (or ask whoever is doing your shopping to do that), or hold on to it until we are meeting together again. You can post cheques (First class post to ensure they arrive) to **Christian Aid, 35-41 Lower Marsh, London SE1 7RL.**

Top tips to staying well

- *Stay connected
- *Talk
- *Help each other
- *Prepare and adapt
- *Look after your body
- *Stick to facts
- *Focus on how you feel
- *Find things you enjoy
- *Sleep
- *Focus on the present

Sunday Morning Worship (10:30 am)

**www.kingsnorton.org.uk/video (the Kings Norton Team Parish website)
and www.facebook.com/KingsNortonTeam**

Morning prayer will be available from 10 am, Mon – Fri and Evening prayer from 5 pm,
Sun – Fri on Facebook www.facebook.com/KingsNortonTeam

Immanuel Sunday Service (10:30 am): www.facebook.com/Immanuel123Church

Sunday Family Service (10 am) www.facebook.com/groups/244143779035707

Daily stories and crafts for children & families on the Kings Norton Tiny Tots

Facebook page: www.facebook.com/groups/244143779035707

Weekly prayers for Druids Heath Estate: www.kingsnorton.org.uk/audio

Notices for the Week of 10th May 2020

BBC Radio 4 has morning worship every Sunday at 8:10 am. On weekdays there is a 15 minute daily service on Radio 4 Long Wave at 9:45 am. Both are accessible through the BBC Sounds app.

Foodbank: phone number for clients or referrals is 0121 728 7030. Donations are best as financial ones: via the B30 Foodbank website

Bible Readings for this week:

Psalm 31
Acts 7.55-66
John 14.1-14

How to give your offerings while public worship is suspended:

**For bank transfers:
Lloyds Bank Sort Code:
30-96-12 Account
Number: 01764499**

**Cheques can be posted to:
The Parish Office 81
The Green, Kings Norton
B38 8RU.**

Weekly envelopes can be put through the letter box at St Nicolas Place.

Kings Norton Team Parish

A Church of England Team Parish incorporating the churches of Hawkesley, Immanuel & The Parish Church of St Nicolas
Registered Charity # 1134799 The Parish Office, 81 The Green, Kings Norton, Birmingham B38 8RU
Telephone: 0121 458 3289 Email: parishoffice@kingsnorton.org.uk Website: www.kingsnorton.org.uk